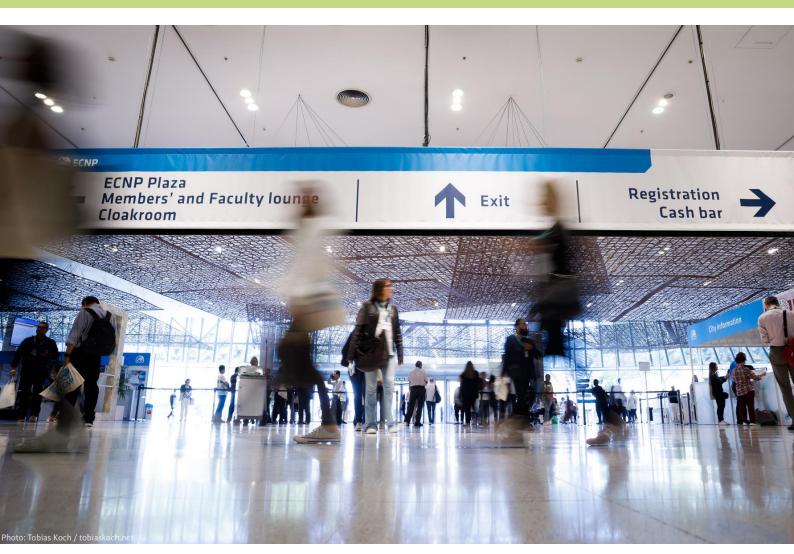


# 35th ECNP Congress

15-18 October 2022 | Vienna, Austria Hybrid

Welcome to the future of CNS treatments





# **REPORT**

# **35<sup>th</sup> ECNP Congress Foundation** 2020-2023



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### INTRODUCTION

The Foundation 35<sup>th</sup> ECNP Congress was established on 7 January 2020 en ended its activities on 10 November 2023.

The objective of the Foundation was to obtain funds for the benefit of the ECNP Research and Scholarship Foundation (ECNP R&S), whose goal is to promote and maximise research in the field of neuropsychopharmacology. ECNP R&S is a Dutch public interest serving entity (ANBI).

The Foundation achieved its objective by organising the international congress named "35<sup>th</sup> ECNP Congress", which was held on 15-18 October 2022, Vienna, Austria and on an online platform.

The Foundation did not aim to make a profit. The net operating surplus has been transferred to ECNP R&S before 30 June 2023.

The members of the board did not receive remuneration for their role.

This report will give you an outline of the activities related to the organisation of the congress.

We hope you will enjoy reading this report and for any comments or questions please contact us at secretariat@ecnp.eu.

Alexander Schubert Secretary, Foundation 35<sup>th</sup> ECNP Congress December 2023

# **COMMITTEES**

# Board of the Foundation 35th ECNP Congress

Gitte Moos Knudsen, Denmark, *Chair and Treasurer* Alexander Schubert, The Netherlands, *Secretary* Andreas Reif, Germany, *member* 

# Scientific Programme Committee 35th ECNP Congress

John Cryan, Ireland, *Chair*David Baldwin, United Kingdom, Chair Educational Committee
Anna Beyeler, France
Lucille Capuron, France
Christina Dalla, Greece
Damiaan Denys, Netherlands
Julia García-Fuster, Spain
Iiris Hovatta, Finland
Ewelina Knapska, Poland
Urs Meyer, Switzerland
Andreas Meyer-Lindenberg, Germany
Valeria Mondelli, United Kingdom
Francesco Papaleo, Italy
Andreas Reif, Germany
Eduard Vieta, Spain

# **AIM AND CONGRESS ACTIVITIES**

The aim of the 35<sup>th</sup> ECNP Congress was to bring together people from disciplines across the spectrum of applied and translational neuroscience to network, exchange ideas and to advance the science of the brain, promote better treatment and enhance brain health.

To fulfil this aim, a variety special activities and sessions were organised.

## **Keynote Lecture (KL)**

60 minutes (including welcome speech); livestreamed; available for in-person and online participants. Opening with a welcome by the ECNP President Gitte Moos Knudsen, the Keynote Lecture was given by Bita Moghaddam on 'Evolution of glutamate models of psychosis' and formally launched the ECNP scientific programme. All participants were invited to join it.

## Plenary Lectures (PL)

45 minutes; livestreamed; available for in-person and online participants
The six Plenary Lectures at the ECNP Congress were given by internationally-recognised
eminent scientists and are the backbone of the scientific programme. Two of the six lectures
were given by the 2022 ECNP Neuropsychopharmacology Award winner and by the Brain Prize
Winner. Each lecture ended with 15 minutes of Q&A time. Questions came from in-person and
online participants.

## Symposia and other presentations

# Symposia (S)

80 minutes; livestreamed; available for in-person and online participants
In these traditional ECNP Symposia, four top experts on a specific topic – led by a chair – mapped out the state of the field and presented their most recent findings. Each speaker had 15 minutes to present their data followed by Q&A. Questions came from in-person and online participants.



## New Findings in Applied Neuroscience (S)

80 minutes; livestreamed; available for in-person and online participants

This was a special symposium that gave six promising Early Career Scientists – selected from the best research presented at the ECNP Workshop for Early Career Scientists in Europe – the opportunity to present their latest findings. Each lecture ended with Q&A time. Questions came from in-person and online participants.

## New Medications Symposium (S)

80 minutes; livestreamed; available for in-person and online participants
The New Medications Symposium was a special symposium dedicated to clinical trials of new compounds, including proof of concept and post-marketing studies, using data from human trials. The selected speakers – led by a chair – presented their data on new medications during a short presentation followed by Q&A. Questions came from in-person and online participants.

#### Top Paper Sessions (TP)

30 minutes; livestreamed; available for in-person and online participants
During the Top Paper Sessions, distinguished speakers presented and discussed four papers
published during the last year, which they consider clinically most important and cutting-edge
in their discipline. These sessions were a great way to get up-to-speed with the latest
developments in research.

# Love Your Brain Sessions (LB)

30 minutes; livestreamed; available for in-person and online participants
These sessions – each led by a single speaker – focused on the importance of prevention of brain disorders and promotion of mental health through a healthy and brain-friendly lifestyle.
Art, music, food, pets and more: these sessions explored neuroscience from a different perspective! The presentation of the speaker was followed by a short Q&A time.

# Award Ceremonies (AP)

30 minutes; only available for in-person participants

The winners of the ECNP Negative Results Prize in Clinical Neuroscience, the ECNP Citation Prize and ECNP Rising Star Award were awarded and presented their data during these ceremonies. The presentation of the speaker was followed by a short Q&A time.

#### **Interactive Sessions**

# **Educational Update Sessions (EDU)**

80 minutes; livestreamed; available for in-person and online participants
These sessions were designed to provide an educational update with emphasis on new information relevant for clinical practice. They focused on a continuous dialogue between the two speakers and the participants. During their talks, the speakers engaged the participants by inviting them to take part in an interactive poll on the presented topics. Each presentation ended with the Q&A. Questions to speakers came from in-person and online participants.



question(s) to a leading expert.

# Campfire Sessions (CA)

45 minutes; only available for in-person participants
The Campfire Sessions allowed for the maximum
interaction between experts on a certain topic and
participants. Sitting in a circle as if around a campfire –
and without the usual formalities, slides and screens –
the expert, with the help of a moderator, introduced the
topic followed by a conversation with the participants. It
was an easy and accessible way to pose your burning

#### **Career Development Sessions (CD)**

45 minutes; livestreamed; available for in-person and online participants
The Career Development Sessions were training sessions with a leading expert in the field. The topics of these sessions focused on building your scientific career – writing scientific papers, improving presentation skills, creating a spin-off company or finding a job in the industry are just a few examples – and were especially interesting for early career scientists. The session ended with Q&A.

#### Poster (P) and ePoster Sessions (EP)

- Poster Sessions: available for in-person participants
- ePoster Sessions: available for in-person and online participants during the congress



The Poster Sessions were held in-person, from Sunday 16 October to Tuesday 18 October in the poster area. The abstracts accepted for in-person presentation were presented with a paper poster. All posters from accepted abstracts were also available via the online platform through ePosters, starting from the first day of the congress.

#### Poster Jams (J)

20 minutes; available for in-person participants

Poster Jams are 20 min sessions focused on a specific topic in which selected poster presenters present their poster at the venue in the poster area.

### **Other Sessions**

# ECNP's Got Talent (OS)

60 minutes; livestreamed; available for in-person and online participants
For this innovative format, ECNP has selected a group of talented Early Career Scientists and challenged them to compete against their peers by giving the best presentation of their most recent data. Their 'performances' were evaluated by a jury and the best one received an award.

#### Hot Topic Sessions (OS)

45 minutes; livestreamed; available for in-person and online participants
The Hot Topic Sessions offered an opportunity to present and discuss the timeliest science during a short talk. Speakers were selected by the <u>Scientific Programme Committee</u> (SPC) from open submission

#### **ECNP Inspired Sessions (OS)**

45 minutes; livestreamed; available for in-person and online participants 'Inspiration' can be defined as an event that reveals a new truth to our mind, guiding us to new acts or a new perspective about our life and work. The ECNP Inspired Sessions gave the stage to speakers that inspired you by giving a short talk on their experiences as researchers and clinicians. One of the two sessions gave space to the inspiring talks of patients.

# Regulatory Spotlight Session (OS)

45 minutes; livestreamed; available for in-person and online participants
This was a special regulatory dialogue session with the European Medicines Agency (EMA).
Designed for open and active engagement amongst EMA stakeholders, the session was an excellent opportunity for scientific and regulatory exchange.

## Neuroscience-based Nomenclature Session (OS)

45 minutes; livestreamed; available for in-person and online participants
The Neuroscience-based Nomenclature (NbN) is a pharmacologically driven nomenclature for medications with CNS indications, and updated continuously. It is a result from an unprecedented collaboration between the five leading CNS pharmacological organisations:

ECNP, CINP, ACNP, AsCNP and IUPHAR. During this session, presenters from the NbN taskforce presented how the NbN has been developed and illustrated how to use it.

#### Patient Session (OS)

45 minutes; livestreamed; available for in-person and online participants ECNP is committed to ensuring that advances in the understanding of the brain are translated into better treatments and enhanced public health. Hence, one of the goals of ECNP is to facilitate the dialogue between researchers, regulators, government bodies, and patients. As such, each year the Congress organises and hosts this session with patient organisations, on a specific topic.

#### Women in Science Session (OS)

45 minutes; livestreamed; available for in-person and online participants
The general goal of this session was to raise awareness of gender and diversity issues in brain sciences and to disseminate positive practices countering discrimination.

#### **New Frontiers Session (OS)**

45 minutes; livestreamed; available for in-person and online participants
A session dedicated to the outputs of the ECNP New Frontiers in Digital Health Meeting held in March. This face-to-face meeting is designed for all representatives from IT, pharma and medical devices industry, regulators, and patient and family associations, who are interested in discussing different points of view on how digital health is going to change the way clinical trials are run and the use of digital therapeutics for brain disorders.

## Panel discussions (OS)

45 minutes; livestreamed; available for in-person and online participants
Panel discussions hosted a selected group of panellists who discussed and shared differing
perspectives about a specific topic. A moderator guided the panel and the audience through
the session. The two discussants offered opinions and responded to audience questions
either through questions curated by the moderator or taken from the in-person and online
participants.

#### **Industry Sessions**

The programme of the industry sessions at the ECNP Congress takes place in parallel with the official ECNP scientific programme and were reviewed for balance and rigour by the Scientific Programme Committee (SPC).

#### Industry Satellite Symposia (ISS)

90 minutes; livestreamed; available for in-person and online participants if applicable Scientifically oriented Industry Satellite Symposia (with a maximum of 1 chair and 4 speakers) with a well-balanced programme (e.g. not concentrating on one or specific medication only) were organised in connection with the 35th ECNP Congress.

Industry Satellite Symposia were not organised in parallel with the official ECNP scientific programme and the programmes was reviewed for balance and rigour by the Scientific Programme Committee (SPC).

## **Industry Mini Sessions (IMS)**

These well-balanced scientifically oriented mini sessions (with a maximum of 1 chair and 2 speakers) took place outside the official ECNP scientific programme and programmes were reviewed for balance and rigour by the Scientific Programme Committee (SPC).

#### **Industry Interactive Discussions (IID)**

30 minutes; not-livestreamed; available for in-person participants only. These interactive sessions offered the opportunity to move from commercial oriented exposure to more focused, scientifically driven engagement with the in-person participants. The programmes took place in parallel with the official ECNP scientific programme.

#### Industry Product Theatre (IPT)

30 minutes; livestreamed; available for in-person and online participants if applicable Industry Product Theatre sessions provided a podium for industry to share best-practice insights with participants on a broad range of issues, including new treatment approaches, the uses of specific medications, clinical insights, innovative services and product demonstrations. The sessions were organised with financial support from industry.

#### **Exhibition**

An exhibition was organised on Sunday, Monday and Tuesday.

#### **TIMELINE**

#### 2020

In order to organise the activities of the Stichting 35<sup>th</sup> ECNP Congress, the ECNP Office is performing the tasks on behalf of the board. Stichting Buro ECNP takes care of the payment of wages, wage taxes and contributions social security of the staff of the ECNP Office. Registration with the tax authorities in the Netherlands has been completed.

The foundation was approved by the Dutch tax authorities to become a public interest serving Dutch entity (ANBI).

Registration with the tax authorities in the Netherlands has been completed.

In Autumn 2020 information was available on the congress website <a href="https://www.ecnp.eu/Congress2022/ECNPcongress">https://www.ecnp.eu/Congress2022/ECNPcongress</a> and a call for symposia and educational update session proposals were sent out.

A bank account was opened in the name of the 35<sup>th</sup> ECNP Congress. A deposit amount was be transferred from ECNP R&S to the 35<sup>th</sup> ECNP Congress as income for the Foundation from registration fees and support will not start until beginning 2021.

#### 2021

Registration for German VAT was applied for.

The annual accounts of 2020 were prepared and finalised.

The contract with the venue was signed in June.

The budget of the 35<sup>th</sup> ECNP Congress has been set up and finalised and signed by the treasurer and secretary of the Foundation and registration fees were set by the end of the year.

The deadline for programme proposals was 1 March and in April the first meeting of the Scientific Programme Committee (SPC) was held by Zoom to review the programme suggestions received and to make the first draft of the scientific programme.

In June the second and third Zoom meeting of the SPC took place and the scientific programme has been finalised and reviewed by the members of the Scientific Advisory Panels (SAPs). In November invitations to speakers have been sent out.

In November 2021, the Industry Guidelines, with the request for support has been sent out with deadline of application of industry sessions and exhibition space 18 January 2022.

In Autumn 2021 information about registration and how to submit an abstract for poster presentations has been posted on the congress website.

#### 2022

In January registration and abstract submission were opened.

In March the programmes of the industry sessions were approved and allocated to time slots. CME accreditation were appointed for the scientific programme.

In April the chairs of the sessions were invited.

Two site visits took place (May and September) to meet with the venue and other suppliers.

The annual accounts of 2021 have been prepared and finalised.

Logistics were settled regarding catering, meeting space, AV, IT, exhibition, signage and set-up of the venue.

Committee meetings of ECNP were scheduled and committee members invited.

Promotion for the congress was arranged at related congresses and every month the ECNP enews contained information about the congress. Special e-leaflets were produced and emailed to the ECNP database.

On 10 May the submission of abstracts for poster presentations was closed and review was undertaken by the members of the Scientific Advisory Panels. Final decisions were made by the field editor of ENP and the chair of the Scientific Programme Committee before 19 July 2022.

For the best abstracts of European early career scientists ECNP Excellence Awards were given. During the congress the 9 most excellent posters were rewarded with the ECNP Poster Award.

The congress was held from 15-18 October 2022, Vienna, Austria at the ACV and on the online platform.

In December the financial and registration administration and procedures with suppliers were finalised.

#### 2023

The annual accounts of 2022 and 2023 have been finalised.

In 2023 finances have been settled and VAT issues finalised. The final account of 35<sup>th</sup> ECNP Congress was finished in the first quarter and an audit report was requested. Before 30 June, the net operation surplus has been transferred to ECNP R&S.

The closing balance was settled and the Foundation was liquidated and deregistered at the chamber of commerce in November 2023.

# **FINANCE**

### **Board**

The members of the board did not receive remuneration for their role.

#### **Secretarial Assistance**

The chair of the Scientific Programme Committee received € 6,000 for secretarial assistance.

# Reimbursement small expenses

The other members of the Scientific Programme Committee were entitled to request the amount of  $\leqslant$  2,000 for the duration of their term on the Scientific Programme Committee. This amount was to cover their expenses for ground transportation, lunch, dinner, drinks, etc.

# ANNUAL ACCOUNT 35TH ECNP CONGRESS FOUNDATION 2020-2023

Stichting 35th ECNP Congress, Utrecht

# Balance sheet as at 31 December 2021 (after appropiation of profit/losses)

	31-12-2021		31-12-2020	
	€	€	€	€
ASSETS				
CURRENT ASSETS				
Prepaid costs 35th ECNP Congress	148,493		108,079	
Accounts receivable	193		-	
Bank deposits	6,541			
		155,227		108,079

155,227 108,079

	31-12-2021		31-12-2020	
	€	€	€	€
RESERVES, FUNDS AND LIABILITIES				
CURRENT LIABILITIES				
Trade creditors	5,227		-	
Current liabilities	150,000		108,079	
		155,227		108,079

155,227 108,079

# Balance sheet as at 20 October 2023

(after appropiation of profit/losses)

	20-10	20-10-2023		022
	€	€	€	€
ASSETS				
CURRENT ASSETS				
Accounts receivable	_		120,762	
Bank deposits	-		989,257	
		-		1,110,019

- 1,110,019

	20-10-2023		31-12-2022	
	€	€	€	€
RESERVES, FUNDS AND LIABILITIES				
RESERVES AND FUNDS				
Statutory reserves		-		1,089,457
CURRENT LIABILITIES				
Trade creditors		_		20,562

- 1,110,019

# Statement of income and expenditure 2023

	Balance 2023	Balance 2022	
	€	€	
Income	1,449	3,948,820	
Expenses	1,090,906	2,859,363	
Result	-1,089,457	1,089,457	
Appropriation of the results			
Statutory reserves	-1,089,457	1,089,457	

# **GENERAL INFORMATION**

# Address

Stichting 35<sup>th</sup> ECNP Congress Daltonlaan 400 3584 BK Utrecht The Netherlands

# Telephone

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